



## Claudia B. Padula, Ph.D.

Dr. Padula is a clinical neuropsychologist, Research Health Science Specialist at the Palo Alto VA. Additionally, she is an Assistant Professor of Psychiatry and Behavioral Sciences at Stanford University School of Medicine. She directs the BRAVE Lab, which focuses on utilizing novel, innovative, and multidisciplinary science to improve treatment outcomes for Veterans. She uses a combination of multimodal brain imaging techniques, cognitive and neuropsychological measures, and socio-demographic and clinical information to understand each person's life experiences. Her vision is for Veterans to eventually receive precision care based on their individual brain and symptom profiles, instead of a one-size-fits-all approach to treatment.

Currently, Dr. Padula's lab focuses on modifying brain and clinical risk factors that are associated with relapse in addiction and cognitive aging. These risk factors have emerged from prior studies focused on alcohol, cannabis and stimulant use disorders, as well as increasing Veterans



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 **Stanford**  
University  
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## VETERANS NEEDED FOR SLEEP STUDY

VA Palo Alto and Stanford School of Medicine researchers are seeking veterans to serve as participants in studying sleep and substance use disorders as a foundational step in developing more effective treatments.

YOU:	THE STUDY:
<ul style="list-style-type: none"><li>• veteran</li><li>• 25 to 75 years old</li><li>• history of co-occurring cannabis and alcohol use.</li></ul>	<ul style="list-style-type: none"><li>• 4 overnight at-home sleep recordings;</li><li>• 2 MRI sessions;</li><li>• sleep and psychological assessments;</li><li>• reimbursement for your time and participation.</li></ul>

**For more information, please contact us at**  
[indicas\\_study@stanford.edu](mailto:indicas_study@stanford.edu).

 Padula BRAVE Lab  Copsyn Sleep Lab

For complaints, concerns, or participant's rights, contact 1-866-680-2906.

The **Healthy Brain Aging Study** is looking for Veterans with Alzheimer's Disease, Parkinson's disease, Lewy Body disease, and mild cognitive impairment for a multidisciplinary research study of memory and aging. We also seek healthy veterans aged 60 years and older. Our staff are English- Spanish bilingual. Our ultimate goal is to cure and to prevent these terrible disorder – if not for us and our parents, then for our children.

For additional information or to participate in research contact Claudia B. Padula, PhD on (210) 993-2065 or email [adrcveterans@stanford.edu](mailto:adrcveterans@stanford.edu).

For complaints, concerns, or participant's rights, contact 1-866-680-2906

# Healthy Brain Aging Study

A research study sponsored by Stanford University and the National Institute on Aging of the National Institutes of Health




**Stanford University**  

 U.S. Department of Veterans Affairs



## HEALTHY ADULTS NEEDED FOR SLEEP STUDY

Stanford School of Medicine and VA Palo Alto researchers are seeking participants to serve as healthy controls in studying sleep and substance use disorders as a foundational step in developing more effective treatments.

### YOU:

- 25 to 75 years old
- not experiencing sleep problems
- minimal substance use
- no significant history of mental health issues

### THE STUDY:

- 4 overnight at-home sleep recordings
- sleep and psychological assessments
- Reimbursement for your time and participation.

If interested, please fill out the interest form, at [redcap.link/indicasstudy](https://redcap.link/indicasstudy).

Contact information: [indicas\\_study@stanford.edu](mailto:indicas_study@stanford.edu)

For complaints, concerns, or participant's rights, contact 1-866-680-2906.

